

Health and Human Performance Degree
Pre-Athletic Training, Pre-Physical Therapy, Pre-Occupational Therapy Concentration,
BS Catalog Year: 2020-2021

Name: _____

Student ID: _____

Email: _____

Phone Number: _____

<p>LIBERAL ARTS CORE 45 HRS</p> <p>ENGLISH 6 HRS * ENG 1463 ENGLISH A _____ ENG 1473 ENGLISH B _____ ENG 1803 ENGLISH HR _____</p> <p>COMMUNICATION 3 HRS COM 2013 ORAL COMM _____</p> <p>HENDERSON SEMINAR 1 HR GEN 1031 HENDERSON SEM _____</p> <p>PHYSICAL WELL – BEING 1 HR HPR 1 HR ACTIVITY CR _____</p> <p>MATHEMATICS 3 HRS MTH 1243 COLL ALG* _____ STA 1313 STATISTICAL RESONIN _____</p> <p>FINE ARTS & HUMANITIES 6 HRS PICK ONE: ENG 2013 WORLD LIT I _____ ENG 2023 WORLD LIT II _____ ENG 2053 STUDIES IN LIT _____ ENG 2793 MAST WEST LIT HR _____ PICK ONE: ART 2033 HUM ART _____ ART 2603 HUM STUD ART _____ HUM 2093 FINE ARTS HR _____ MUS 2033 HUM MUSIC _____ THA 2033 HUM THEATRE _____ COM/MMD/THA 3423 MOVIE APPR & ENJOYMENT _____</p> <p>SOCIAL SCIENCE 9 HRS PICK ONE: HIS 1013 CIV TO 1660 _____ HIS 1023 CIV SINCE 1660 _____ HIS 1043 CIV SINCE 1660 HR _____ PICK ONE: HIS 2053 US TO 1877 _____ HIS 2063 US SINCE 1877 _____ PSC 1013 AM NAT GOV _____ PSC 2193 GLOBAL POLITICS _____</p> <p>PSY 1013 GEN PSYCH** _____ (PRE-REQUISITE FOR PSY 2263) (PREFERRED FOR PT/OT CONCENTRATION AREAS) or SOC 1013 INTRO SOC _____</p> <p align="center">*REQUIRES "C" OR BETTER</p>	<p>NATURAL SCIENCE 8 HRS* BIO 1013/1021 INTRO BIO/LAB* _____ (if planning to apply to UCA-Grad School must take BIO1023 General Biology for Majors) CHM 1034 GEN CHM/LAB* _____ Or (+) CHM 1014 UNIVERSITY CHEM I* _____</p> <p>NON-WESTERN CULTURE 3 HRS ANT 3043 NORTH AM INDIANS _____ ANT 4053 WORLD CULTURES _____ ART 4103 ART NONWEST WORLD _____ BIO4324 TROPICAL MARINE BIOLOGY _____ BIO 4044 NEOTROPICAL ECOLOGY _____ EDU 4543 TEACH PEOP OTH CULT _____ ENG 3043 NONWEST LIT _____ GEN 4083 STUDY ABROAD _____ HIS 4253 AFRICAN KINGDOMS _____ HIS 4273 ISLAM AND THE WEST _____ HIS 4303 SEX & GENDER IN AFRICA _____ HIS 4343 AFRICA IN THE AMERICAN S _____ HIS 4673 ASIAN CIV _____ HIS 4683 MOD MID EAST _____ HIS 4693 AFRICAN HIST _____ HPR 3973 HIST & PHIL NW LEIS _____ MUS 3473 SURV NW MUSIC _____ NSG 3643 TRANS-CULT HLTHCAR _____ PHI 3023 RELIGIONS OF WORLD _____ PHI 4203 ASIAN PHILOSOPHY _____ PHY 4293 NW COSMOLOGY _____ PSC 4233 COMP POL MID EAST _____ PSC 4243 COMP POL AFRICA _____ PSC 4253 SOUTH ASIAN POL _____ PSY 3043 CROSS CULT PSYCH _____ PSY 3053 MULTICULT MENT HLTH _____ SOC 4063 WORLD CULT _____ THA 3483 THEATRE NW WORLD _____</p> <p>CORE ELECTIVES 3 HRS FCS 2103 NUTRITION _____</p> <p>WRITING REQUIREMENT 3 HRS* ENG 3313 UNIV WRITING _____ ENG 3613 TECH WRITING _____ ENG 4453 ADV COMP _____ HIS 3383 WRITING HISTORY _____ COM 4063 MAG & FEAT _____ COM 4293 CREAT NONFICTION _____ NSG 3603 HLTHCARE RESEARCH _____</p> <p align="center">**CHECK WITH ADVISOR REGARDING PRE-REQUISITES AND CO-REQUISITES</p>	<p>REQUIRED HHP CORE 48 Hours (B)HHP 1102 INTRO HEAL & HUM P _____ (S)HHP 2052 MEDICAL TERM _____ (B)HHP 2043 PREV & TREAT _____ (B)HPE 2663 MOTOR DEVELOP _____ (F)HHP 2243 INJ MAN HLTH HUM P _____ (F)HHP 3003 SPT PSY HLTH HUM PER _____ (B)HHP 3064 ASSESS OF UPPER _____ (S)HHP 3074 ASSESS OF LOWER _____ (S)HHP 3273 GEN MED CON/PHARM _____ (S)HHP 3084 THERAP MOD(WI) _____ (B)HPE 3224 KINESIOLOGY _____ (F)HHP 4094 REHAB/THER EXERCISE _____ (B)HPE 4234 EXERCISE PHYS _____ (B)HHP 4022 APPLIED EX PHYS _____ (S)HHP 3123 HLTH HUM PER AD (WI) _____ Or (See Faculty Advisor) (S)REC 3033 REC & SPRT FAC DES _____</p> <p>PRE-AT/PT/OT CONCENTRATION</p> <p>INTERDISCIPLINARY CORE 14 HRS* BIO 2174 HUMAN A & P I _____ BIO 2184 HUMAN A & P II _____</p> <p>Psychology (choose one) (+) PSY 2263 DEVELOPMENTAL PSY _____ PSY 2023 ABNORMAL PSY _____</p> <p>Statistics (choose one) (+) PSY 2143 RESEARCH STATISTICS _____ STA 2053 APPLIED BIostatISTICS _____ STA 2323 STATISTICAL METHODS _____ SOC 3103 STATISTICS _____</p> <p>DIRECTED ELECTIVES 13 HRS (min.) (*) (**) CSC2003 INTRO TO COMPUTERS _____ CHM 1044 GEN ORG&BIOCHEM _____ CHM 1024 UNIVERSITY CHM II _____ PHY 2034 GENERAL PHYSICS I _____ PHY 2044 GENERAL PHYSICS II _____ BIO 2114 GENERAL ZOOLOGY _____ BIO 2094 MICROBIOLOGY/LAB _____ BIO 3054 GENETICS _____ BIO 3084 COMPARATIVE ANATOMY _____ ACC 2013 PRINC OF ACCOUNTING A _____ ECO 2013 PRINC OF MACROECON _____ ECO 2023 PRINC OF MICROECON _____ FIN 3033 MONEY & BANKING _____ MGM 3113 PRINC OF MANAGEMENT _____ MKT 3013 FUND OF MARKETING _____ FCS 3383 SPORT NUTRITION _____ FCS 3423 ADV NUTRITION _____ FCS 3413 COM/LIFE CYCLE NUTR _____ PSY 3043 CROSS CULT PSYCH _____ PSY 3053 MULTICULT MENT HLTH _____ PHI 3113 ETHICS _____ NSG 3643 TRANS-CULT HLTHCAR _____ ***HHP 4113 PROF INTERNSHIP _____</p> <p>(+) if >1, extra may be used as electives *C or better required for Core and Directed Electives **See Faculty Advisor regarding directed electives ***Student may take HHP 4113 if the student's future Master's/Doctorate program requires observation.</p>
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Health and Human Performance: Pre-Athletic Training, Pre-Physical Therapy,
Pre-Occupational Therapy Concentration
SUGGESTED SCHEDULING GUIDE

FRESHMAN YEAR			
FALL		SPRING	
COM 2013 ORAL COMMUNICATIONS	3	BIO 1013 INTRODUCTION TO BIOLOGY	3
ENG 1463 ENGLISH A	3	BIO 1021 INTRODUCTION TO BIOLOGY LAB	1
GEN 1031 HENDERSON SEMINAR	1	ENG 1473 ENGLISH B	3
HHP 1102 INTRODUCTION TO HEALTH & HUM PERFOR	2	HHP 2052 MEDICAL TERMINOLOGY	2
MTH 1243 COL ALG or MTH 1313 STATS RESO	3	HHP 2043 PREVENT TREATMENT ATH INJ	3
SOCIAL SCIENCE – CIVILIZATION (SEE LAC REQ)	3	HPR 1 HR ACTIVITY CREDIT (SEE LAC REQ)	1
		SOCIAL SCIENCE – HIS OR PSC (SEE LAC REQ)	3
TOTAL HOURS	15	TOTAL HOURS	16
SOPHOMORE YEAR			
FALL		SPRING	
BIO 2174 HUMAN ANATOMY & PHYSIOLOGY I	4	BIO 2184 HUMAN ANATOMY & PHYSIOLOGY II	4
HHP 2243 INJURY MANAGEMENT IN HUMAN PERFOR	3	HPE 3224 KINESIOLOGY	4
HPE 2663 MOTOR DEVELOPMENT AND SKILL ACQ	3	HUMANITIES (SEE LAC REQ)	3
HUMANITIES – ENGLISH (SEE LAC REQ)	3	PSY 2263 DEV PSY OR PSY 2023 ABNORMAL PSY	3
PSY 1013 GENERAL PSYCHOLOGY	3	STATISTICS	3
TOTAL HOURS	16	TOTAL HOURS	17
JUNIOR YEAR			
FALL		SPRING	
HHP 3003 SPORT PSYCHOLOGY IN HEALTH & HUMAN P	3	DIRECTED ELECTIVE	3
HHP 3064 ASSESSMENT OF UPPER EXTREMITIES	4	DIRECTED ELECTIVE	4
NON – WESTERN CULTURE (SEE LAC REQ)	3	HHP 3074 ASSESSMENT OF LOWER EXTREMITIES	4
CHM 1034 GENERAL CHEMISTRY	4	HHP 3273 GENERAL MED CONDITION W/PHARM INTER	3
TOTAL HOURS	14	TOTAL HOURS	14
SENIOR YEAR			
FALL		SPRING	
FCS 2103 NUTRITION	3	HHP 3123 HEALTH & HUMAN PERFORM ADMIN	3
HHP 4094 REHABILITATION & THERAPEUTIC EXERCISE	4	HHP 3084 THERAPEUTIC MODALITIES (WI)	4
HHP 4022 APPLIED EXERCISE PHYSIOLOGY	2	WRITING REQUIREMENT (SEE LAC REQ)	3
HPE 4234 EXERCISE PHYSIOLOGY	4	DIRECTED ELECTIVE	3
DIRECTED ELECTIVE	3		
TOTAL HOURS	16	TOTAL HOURS	13

***Professional Elective Student may take Professional Elective if Master's/Doctorate program requires observation

SEE CATALOG COURSE DESCRIPTIONS FOR ARKANSAS COURSE TRANSFER SYSTEM (ACTS) COURSE NUMBER
EQUIVALENCIES.

UPDATED – 2/9/21 BP