

## **NURSING**

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The mission (philosophy) of the Henderson State University Department of Nursing is to provide both a liberal and professional nursing education to produce safe, novice generalist nurses. Graduates of this program will demonstrate an understanding of theory as it relates to nursing practice. This program prepares professional nurses to pursue higher education.

The goals of the four year (8 semester) program leading to the Generic Bachelor of Science in Nursing (BSN) degree are:

1. Prepare a professional nurse generalist.
2. Educate nurses in holistic concepts of humanity, environment, and health.
3. Prepare a professional nurse who recognizes and uses resources for nursing and health care in the community.
4. Prepare professional nurses who understand the role of research and theory to improve nursing and health care.
5. Provide a foundation for advanced study of nursing.

### **The corresponding Student Learning Outcomes for the Generic BSN program are:**

1. Demonstrate responsibility and accountability in the role of the professional nurse.
2. Use clinical reasoning to make decisions regarding nursing care.
3. Manage resources necessary to promote and maintain conditions for optimum health.
4. Apply findings from nursing and healthcare research when planning nursing and health care.
5. Select concepts of professional nursing necessary for effective and efficient client care delivery.

### **Accreditation**

The Henderson State University Bachelor of Science in Nursing Program is accredited by the Commission on Collegiate Nursing Education (CCNE) and approved by the Arkansas State Board of Nursing (ASBON).

### **Program Admission for the Generic BSN**

Students admitted to the university declaring a major in Pre-nursing become Academic Advisees. Students become Nursing Majors upon completing prerequisite non-nursing courses and after being admitted into the nursing program. The admission application is available on the Department of Nursing web page.

Students will be admitted to the Nursing Program in the ~~Fall~~ Spring semester. Students must complete all of the prerequisite science and math courses with a "C" or better and maintain a minimum GPA of 2.50 for admission consideration. Program applications are due February 15th for Fall semester start. Program acceptance is competitive based on GPA and record of success in prerequisite courses and selective pre-admission assessment tests. Program admissions are provisional pending satisfactory completion of a criminal background check and drug screen. Program admission costs are charged upon acceptance to the program to cover admission processing.

Should a student be absent from the program for more than a semester, a Readmission Application must be submitted using the same schedule as for program admission. Readmission is not assured and is on a space available basis.

Students holding licensure (LPN/LPTN or RN) in nursing may qualify for advanced placement in the BSN program. Students holding licenses to practice nursing in Arkansas must maintain these as valid and in good standing to retain their status in nursing courses (NSG prefix).

Students may repeat a maximum of two 3000 or 4000 level nursing courses, one time each. Failure or withdrawing from an additional course will result in permanent removal from the program.

**Nursing Clinical Course Health and Safety Requirements**

Clinical nursing courses can result in exposure to infectious illnesses, injuries, or related accidents. Because of this, students are strongly urged to maintain adequate health care coverage and disability insurance. Additionally, in order to meet clinical agency requirements, students must provide evidence of the following upon admission to the program/prior to starting clinical courses (date deadline TBA).

- Negative Tuberculin skin test or independent provider’s statement of the absence of clinical signs and symptoms of Tuberculosis in positive reactors
- 3-shot Hepatitis B series or acceptable titer
- Proof of Measles, Mumps, and Rubella (MMR) immunizations
- Varicella immunizations (2 doses) or Positive Titer
- Influenza immunization at beginning of flu season (date to be determined)
- Proof of Tetanus (Td/Tdap) within past 10 years
- American Heart Association CPR for Healthcare Providers
- Health Physical

Additional documentation required include:  
 Criminal Background Checks  
 Drug Testing

**Americans with Disabilities Act, Implications for Nursing Majors**

Students with documented disabilities who are applying for admission to Henderson and to the Bachelor of Science in Nursing Program will be welcome according to the guidelines of the Americans with Disabilities Act (ADA) of 1990. Reasonable accommodations will be made for students who have a documented disability but who have the abilities to assume the role of the professional nurse. These abilities include verbal and written communication, critical thinking, nursing assessment of physical and psychosocial health status of clients, and performance of nursing procedures including cardiopulmonary resuscitation. Students with disabilities will be evaluated on an individual basis by the faculty of the Department of Nursing as to their potential for success in a career in professional nursing after admission to the program.

**Standardized Testing and the RN Licensure Exam for the Generic BSN**

Standardized testing constitutes a portion of all clinical specialty courses. In courses where standardized tests are administered, tests will account for 5 - 10% of the total course grade. Nursing course fees pay for standardized tests. Students must reach the expected benchmark by their second (third if applicable) attempt. Failure to do so will result in an automatic failure in the course, regardless of other didactic grades.

All students in their last semester in the Nursing Program, in NSG 4709 Adult Nursing III, must take a comprehensive standardized test to determine their readiness and ability to pass the NCLEX-RN examination. Students will be accorded two chances to achieve a passing score on the comprehensive standardized tests. Students who fail to meet the passing score will be awarded an Incomplete (I) grade until the passing score has been achieved.

Students who fail to pass the comprehensive standardized test on second attempt will be assessed additional fees to cover tests and proctors.

**Nursing Prerequisite Courses for the Generic BSN**

In addition to the required General Education Core Courses, the following courses are required prior to admission to the Nursing Program:

Course .....	Hours
.....	
CHM 1034      General Chemistry and Lab .....	4
MTH 1243      College Algebra .....	3
PSC 1013      American National Government .....	3
COM 2013      Oral Communication.....	3

BIO	2174	Anatomy & Physiology I .....	4
PSY	1013	General Psychology .....	3
NSG	2561	Nursing as a Profession.....	1
BIO	2184	Anatomy & Physiology II .....	4
PHI	3113	Ethics.....	3
SOC	1013	Introduction to Sociology .....	3
FCS	2103	Nutrition .....	3
NSG	2573	Basic Skills for Health Care Providers .....	3
BIO	3094	Microbiology.....	4

**Major Requirements for the Generic Bachelor of Science Degree in Nursing**

<b>Course</b>	<b>Hours</b>
NSG 3586 Basic Concepts in Nursing.....	6 (2 Lecture/4 Lab)
NSG 3594 Psychiatric and Mental Health Nursing .....	4 (3 Lecture/1 Lab)
NSG 3603 Healthcare Research for Evidence Based Practice .....	3
NSG 3612 Nursing and Healthcare Delivery Theories .....	2
NSG 3626 Adult Health Nursing I .....	6 (4 Lecture/2 Lab)
NSG 3636 Family/Child Nursing .....	6 (3 Lecture/3 Lab)
NSG 3643 Transcultural Healthcare.....	3
NSG 4656 Adult Health Nursing II .....	6 (3 Lecture/3 Lab)
NSG 4672 Disaster Nursing and Emergency Preparedness .....	2
NSG 4692 Health Promotion and Wellness .....	2
NSG 4709 Adult Health Nursing III.....	9 (4 Lecture/5 Lab)
NSG 4714 Community Based Nursing.....	4 (3 Lecture/1 Lab)
NSG 4722 Leadership Principles.....	2
NSG 4735 Palliative and Gerontologic Care Nursing.....	5 (3 Lecture/2 Lab)

**RN TO BSN ONLINE PROGRAM**

The online program offers associate degree nurses a seamless academic transition toward earning their baccalaureate nursing degree from an accredited institution. This online program builds on a foundation of competencies attained by the registered nurse and also offers a strong focus in leadership and management, evidence-based research, nursing theory, gerontology and palliative care, health assessment, and community health. Courses also emphasize health promotion, cultural diversity, disaster management. The program will use a preceptor model for clinical courses. The program also develops a foundation for additional study in graduate nursing education.

**Program Objectives**

1. Prepare associate degree nurses as leaders to effect change in health care and community systems.
2. Prepare a professional nurse who recognizes and uses resources for nursing and health care in the community.
3. Prepare professional nurses who understand the role of research and theory to improve nursing and health care.
4. Synthesize knowledge from nursing, the arts, and sciences in the holistic practice of professional nursing.
5. Assume responsibility for ongoing professional development in an ever-changing healthcare environment

**Learning Outcomes**

1. Demonstrate responsibility and accountability in the role of the professional nurse.
2. Use clinical reasoning to make decisions regarding nursing care.
3. Manage resources necessary to promote and maintain conditions for optimum health.
4. Apply findings from nursing and healthcare research when planning nursing and health care.
5. Develop a plan for professional growth and lifelong learning as a member of the nursing profession.

### General Education/Liberal Arts Core/Nursing Prerequisites

MTH 1243 College Algebra.....	3
ENG 1463 Freshman English A.....	3
PSY 1013 General Psychology.....	3
COM 2013 Oral Communication.....	3
SOC 1013 Introduction to Sociology.....	3
Fine Arts/Art, Music, Theatre.....	3
HIS 1013/1023 World Civilization.....	3
ENG 1473 Freshman English B.....	3
American Natl. Government or US History.....	3
CHM 1034 General Chemistry & Lab.....	4
BIO 2174/L Anatomy & Physiology I & Lab.....	4
BIO 3094/L Microbiology & Lab.....	4
BIO 2184/L Anatomy & Physiology II & Lab.....	4
NSG 4334 Nursing Health Assessment .....	4 (2 Lecture/2 Lab)

### Arkansas Articulation Waived Nursing Courses Approved by ASBN

NSG 2561 Nursing as a Profession.....	1
NSG 2573 Basic Skills for HC Provider.....	3
NSG 3586/L Basic Concepts.....	6 (2 Lecture/4 Lab)
NSG 3594/L Psych Mental Health Nursing.....	4 (3 Lecture/1 Lab)
NSG 3626/L Adult Health I.....	6 (4 Lecture/2 Lab)
NSG 3636/L Family Child.....	6 (3 Lecture/3 Lab)
NSG 4656/L Adult Health II.....	6 (3 Lecture/3 Lab)
NSG 4709/L Adult Health III.....	9 (4 Lecture/5 Lab)

### Required HSU Nursing Courses for Online RN to BSN

NSG 3173 Nursing Transitions.....	3
NSG 3603 Healthcare Research for Evidence Based Practice.....	3
NSG 3612 Nursing and Healthcare Delivery Theory.....	3
NSG 3643 Transcultural Healthcare.....	3
NSG 4363 Nursing Senior Capstone.....	3
NSG 4672 Disaster Nursing and Emergency Preparedness.....	2
NSG 4692 Health Promotion & Wellness.....	2
NSG 4714/L Community Health Nursing.....	4 (3 Lecture/1 Lab)
NSG 4722 Leadership Principles.....	2
NSG 4735/L Palliative & Gerontologic Care Nursing.....	5 (3 Lecture/2 Lab)
Elective NSG 3353 Legal & Ethical Healthcare Principles.....	3

### Nursing Dual Admission Program for the ASN to BSN

The Dual Degree is an agreement between the Department of Nursing at Henderson State University and the Division of Nursing at National Park College.

A dual admission program in nursing to facilitate the transfer of National Park College (NPC) associate of science nursing graduates into the baccalaureate nursing program at Henderson State University (HSU). Through collaborative efforts, the partners desire to provide an integrated course path which facilitates the seamless transition of NPC associate degree registered nurses to the HSU baccalaureate degree program. Key to this integrated process is a dual admission process, an academic plan which meets the core educational requirements of NPC and HSU, four semesters of concurrent courses from both institutions, and two final semesters of HSU baccalaureate nursing courses.

### The Academic Program

#### APPLICATION, ADMISSION & PROGRESSION:

1. NPC nursing students must submit applications to the Nursing Dual Admission program during their second semester in NPC nursing courses (dates TBA).
  - a. Selection of students for the Nursing Dual Admission program will occur jointly between representatives from NPC and HSU Nursing Programs.
  - b. Students will take one of HSU Nursing courses during the students' third semester of nursing at NPC and one of HSU Nursing Course during the students' final semester of nursing at NPC.
2. Requirements for matriculation from NPC to the final two HSU semesters of the Nursing Dual Admission Program are:
  - a.  $GPA \geq 2.5$
  - b. Unencumbered Arkansas Registered Nurse license

Dual Admission Program nursing students will meet the same course requirements as HSU nursing students with the exception of:

- a. Waived courses in accordance with the Arkansas Nursing Articulation Model.
- b. Henderson State University course FCS 2103 Nutrition will be waived based on documentation of nutrition content integrated into the NPC associate degree nursing courses. NPC will notify HSU in a timely manner of substantial changes in nutrition content of NPC associate degree nursing courses.
- c. PHI 3113 Ethics is also waived as legal and ethical content are taught in all nursing programs in Arkansas according to the Arkansas State Board of Nursing.

### **NPC / HSU Dual Degree Program**

#### **Prerequisite Courses**

CHEM 1104 Chemistry Non-Majors I.....	4
BIOL 2224 Anatomy & Physiology I.....	4
MATH 1123 College Algebra.....	3
BIOL 2234 Anatomy & Physiology II.....	4
PSY 1103 General Psychology.....	3
ENG 1113 English Comp I.....	3
American Natl. Government or U S History .....	3
BIOL 2244 Microbiology.....	4
HIST 2253/2263 World Civ.....	3
Fine Arts/Humanities.....	3
ENG 1123 English Comp II.....	3
SOC 1103 Intro to Sociology.....	3
SPCH 1103 Fund of Public Speaking.....	3
ENG 2273 World Literature I.....	3

#### **National Park College Courses**

NUR 1108 Nursing Process I .....	8
NUR 1001 Critical Thinking App. I.....	1
NUR 1208 Nursing Process II .....	8
NUR 1201 Critical Thinking II.....	1
NUR 2107 Nursing Process III.....	7
NUR 2303 Nursing Process IV.....	3
NUR 2210 Nursing Process V.....	10

#### **HSU Nursing Courses for Dual Degree BSN**

NSG 3173 Nursing Transitions.....	3
NSG 3603 Healthcare Research for EBP/Jr. Level Writing.....	3
NSG 3612 Nursing & Healthcare Delivery Theories.....	2
NSG 3643 Transcultural Healthcare.....	3
NSG 4334 Nursing Health Assessment.....	3

NSG 4363 Nursing Senior Capstone .....	3
NSG 4672 Disaster & Emergency Preparedness.....	2
NSG 4692 Health Promotion & Wellness.....	2
NSG 4714 Community Nursing .....	4 (3 Lecture/1 Lab)
NSG 4722 Leadership Principles.....	2
NSG 4735 Palliative & Gerontologic Nursing.....	5 (3 Lecture/2 Lab)
Elective NSG 3353 Legal & Ethical Healthcare Principles... ..	3

## Courses in Nursing

**NSG 2561. Nursing as a Profession.** This course is designed to introduce students to the nursing profession. Components addressed will include the evolution of the nursing profession, the image of nursing, the education and socialization of nursing, cultural competency and social issues of the nurse, nurse practice roles, and legal, ethical and health policy issues.

**NSG 2573/NSG 2573L. Basic Skills for Healthcare Providers.** This course provides an introduction to the basic skills of nursing. Emphasis will be placed on foundational care provided to adults. Course structure includes 1 credit lecture and 2 credits skills lab. This course will be offered May Interim or the summer before courses begin in the fall. *(Students with a Certified Nursing Assistant License, who are working at the time of entrance, may exempt this course.)*

**NSG 3173. Nursing Transitions.** This course initiates RN student transition by building on previous knowledge and skills applicable to professional nurse practice. The roles of teacher, caregiver, researcher, and leader are explored in relation to client systems and expanded nursing practice. This course addresses role development, socialization, communication, and critical thinking skills necessary for successful program completion. Three (3) semester hours. Prerequisites: Admission to the Nursing Program and current Registered Nurse license.

**NSG. 3353. Legal and Ethical Healthcare Principles.** This course introduces undergraduate nursing and allied health students to current legal and ethical issues. Principles and theories of law and ethics and their relationship to health care delivery systems are explored. Students will examine contemporary and challenging health care dilemmas to provide a foundation for good decision-making in the delivery of patient care.

**NSG 3586/NSG 3586L. Basic Concepts in Nursing.** This course focuses on basic concepts and skills that form the foundation of nursing practice in the following areas: health, wellness-illness, safety, communication, patient-centered care, teamwork and collaboration, evidenced based practice, and quality improvement. Students will embark on the skill of critical thinking, gain knowledge of and implement the use of the nursing process, study therapeutic communication techniques and principles of teaching-learning styles to establish and facilitate nurse client/family relationships in developing and providing a basic plan of care. Course structure includes 2 credits lecture and 4 credits clinical lab. Prerequisite: Admission to the Nursing Program.

**NSG 3594/NSG 3594L. Psychiatric and Mental Health Nursing.** This course focuses on the basic psychopathology of mental disorders, therapeutic communication, and legal/ethical guidelines. Emphasis will be placed on individuals, families, or groups experiencing maladaptive alterations in mental health. Course structure includes 3 credits lecture and 1 credit clinical lab. Prerequisite: Admission to the Nursing Program.

**NSG 3603. (WI) Healthcare Research for Evidence Based Practice.** This course provides students with basic healthcare research skills necessary for evaluation of research and integrates student's learning of the research process with their ability to analyze research studies in a written critique format. Students use critical thinking to explore scientific methods of inquiry, research design and methodology, and ethical consideration in human subject investigation. Written APA-style research critique and evaluation will be introduced as a foundation for evidence-based practice. (Meets discipline specific writing intensive course requirements and Junior Level Writing Across the Curriculum requirement.)

**NSG 3612. Nursing and Healthcare Delivery Theories.** This course introduces philosophies and theories of nursing, healthcare, and related fields as a foundation to the practice of professional nursing. Concepts of person, health, and environment will be explored within the four functions of theory (description, explanation, prediction, and control). Students will examine different perspectives of knowing and reflect how these impact their future healthcare practice.

**NSG 3626/NSG 3626L. Adult Health I.** This course provides the opportunity to examine and practice concepts, research, issues and trends in caring for adults with basic and commonly concurring health care needs. Content includes internal and external environmental factors affecting the health of adults with basic and commonly occurring health care needs. Emphasis is on the role of the professional nurse in health promotion and maintenance, illness care, and

rehabilitation adults. Course structure includes 4 credits lecture and 2 credits clinical lab. Prerequisite: Admission to the Nursing Program.

**NSG 3636/NSG 3636L. Family/Child Nursing.** This course presents basic nursing theory of childbearing family and pediatric health care. Unfolding case studies, lecture, evidence based guidelines, clinical simulation and clinical experiences are used to guide the student from the preconceptional period through adolescence. Course structure includes 3 credits lecture and 3 credits clinical lab. Prerequisite: Admission to the Nursing Program.

**NSG 3643. Transcultural Healthcare.** Emphasizing non-Western cultures, this course assists student exploration and analysis of the influence of culture on health beliefs, attitudes, values, health norms, and practices. Examines how providers from various cultures differ in their approach to healthcare and how assessment and intervention techniques apply to specific cultural groups. *Meets the university requirement of a Non-Western Cultures course.*

**NSG 4301-4. Independent Study.** This course is designed to allow the individual student to explore an issue of importance to professional nursing in depth. The student identifies the area of concentration and explores the existing nursing literature, related literature, and other resources (such as expert nursing leaders, authorities in the community, and population groups). Consent of faculty.

**NSG 4321-3. Special Topics in Nursing.** These courses are designed to allow groups of students to explore a broad range of topics in nursing that include, but are not limited to historical, sociological and political influences in the development of professional nursing. May also include special courses in clinical reasoning, NCLEX-RN review, gerontology, pediatrics, and women's health. Pre/Co-requisite: Consent of faculty teaching the course.

**NSG 4334/NSG4334L. Nursing Health Assessment.** This course provides undergraduate nursing students with the tools to perform a comprehensive health assessment on clients. Principles of anatomy, physiology, pathophysiology and health assessment skills previously attained are utilized. Normal findings, cultural and age variations of adults are emphasized.

**NSG 4363. Nursing Capstone.** This capstone course provides the RN-to-BSN student a unique opportunity to integrate theories and knowledge from nursing courses in order to engage with other health care professionals to lead and manage an evidenced-based project in the health care setting. This course builds on the foundation of competencies attained by the student such as leadership and management and evidenced-based research.

**NSG 4656/NSG 4656L. Adult Health II.** This course provides the opportunity to examine and practice concepts, research, issues and trends in caring for adults with complex health care needs. Emphasis is on the role of the professional nurse in the use of the nursing process with adults experiencing complex health care needs and their families. Course structure includes 3 credits lecture and 3 credits clinical lab. Prerequisite: NSG 3626 Adult Health I.

**NSG 4672. Disaster Nursing and Emergency Preparedness.** This course introduces nursing roles in the planning for and participation in mass casualty disasters. The causes and unique characteristics of disasters and their effects on communities will be presented. The nurses' participation in the multidisciplinary organizational and clinical management of disaster will be emphasized.

**NSG 4692. Health Promotion and Wellness.** Explores nursing health promotion strategies to facilitate individual, group, and community health and wellness across the lifespan. The development of disease states and methods to prevent or decrease risk factors will be discussed. Emphasis is on the role of the professional nurse in planning and implementing effective teaching and interventional behaviors. Prerequisite: Admission to the Nursing Program.

**NSG 4709/NSG 4709L. Adult Health III.** This course provides the opportunity to examine and practice concepts, research, issues and trends in caring for adults with complex, multisystem healthcare needs in structured and unstructured settings. Content includes managing nurse resources, delegation, patient progress through the continuum of care, and skills practice at a competency level necessary to assume beginning level as a professional nurse. Course structure includes 4 credits lecture and 5 credits clinical lab. Prerequisite: NSG 4656 Adult Health II. Corequisite: NSG 4722.

**NSG 4714/NSG 4714L. Community Based Nursing.** This course introduces students to the basic concepts of community based nursing. Students gain an understanding of community resources with an emphasis on community based settings, disease states, community health models and theories, barriers to healthcare services, and the needs of vulnerable populations. Course structure includes 3 credits lecture and 1 credit clinical lab. Prerequisite: Admission to the Nursing Program.

**NSG 4722. (WI) Leadership Principles.** This course presents basic leadership theory and skills for novice to advanced beginner healthcare providers. Evidence based best practices coupled with systems thinking form a foundation for the concepts of change, transformation, risk taking, and vision as they relate to the leadership role. Co-requisite: NSG 4709 Adult Health Nursing III; or in one of the last two semesters for RN-to-BSN students.

**NSG 4735/NSG4735L. Palliative and Gerontological Care.** This course provides the foundational basis for professional nursing care for the chronic, end of life clients of all ages, and the older adult clients and their families. Core course concepts include comfort, chronicity, and optimal sense of wellness and functional status. This course explores and builds on theories related to the end of life and aging, normal changes of the aging, complex interactions of chronic co-morbid physical and mental conditions, and associated nursing care common to the chronically ill patient and older adult. Course structure includes 3 credits lecture and 2 credits clinical lab. Prerequisite: Admission to the Nursing Program.

**Associate of Science Degree, Major in Health Sciences  
Pre-Nursing Tract**

**Program Description:**

The mission of the Henderson State University Pre-Nursing program is to provide the liberal arts and scientific core courses required for successful entry and completion of an academic nursing program or for an entry-level position in healthcare support services. Students will enter Henderson State University with the intent to pursue a Baccalaureate of Science in Nursing degree and the addition of the Associate of Science in Health Sciences degree will expand students' options.

<b>Semester 1</b>		<b>Hours</b>
MTH	1243	College Algebra* .....3
ENG	1463	English A* .....3
CHM	1034	Gen Chemistry* .....4
PSY	1013	Gen Psychology* .....3
HPR	1011	Life Fit or PE* .....1
		Total Credits .....14
<b>Semester 2</b>		
COM	2013	Oral Communication* .....3
BIO	1013 & 1021	Biology* .....4
ENG	1473	English B* .....3
HIS	1013/1023	World Civilization* .....3
		Fine Arts/Hum Core.....3
		Total Credits .....16
<b>Semester 3</b>		
PSC	1013	American Government* .....3
BIO	2174	A&P I* .....4
ENG		Masters/World Literature* .....3
BIO	3094	Microbiology .....4
NSG	2561	Nursing as Profession .....1
		Total Credits .....15
<b>Semester 4</b>		
PHI	3113	Ethics* .....3
BIO	2184	A&P II.....4
FCS	2103	Nutrition .....3
SOC	1013	Intro to Sociology .....3
		Elective .....2
		Total Credits .....15