

NOTES 17-19 – CONSCIOUSNESS

Characteristics of Consciousness ... [Ex – Thought Sampling]

Flowing

Changing ... [O-H – Necker]

Always Part of Thinker

Modes of Awareness

Unreflective Mode

Reflective Mode

Intentionality ... [Ex – Thought Sampling]

Figure/Ground ... [O-H – Face/Vase]

Four Elements Compete for Attention

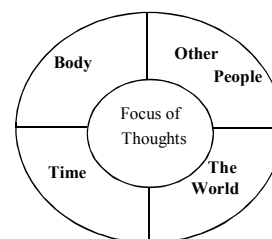
Body

Time

Others

World

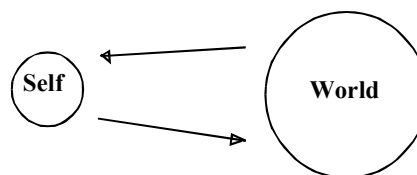
The Major Elements of Existentialism



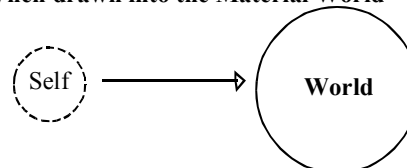
Special Cases of Consciousness

Movies

Reading



When drawn into the Material World



Literature ... Three Masters of Consciousness

William Faulkner [American] – *The Sound and the Fury*

Based Line from Shakespeare's *Macbeth*

***Life's but a Walking Shadow, a Poor Player That
Struts and Frets His Hour upon the Stage, and
Then Is Here No More; it Is a Tale Told by and
Idiot, Full of Sound and Fury, Signifying
Nothing.***

Plot – Deconstruction of Compson Family [Incest]

Characters

Caddy

Benji

Quinton

Jason

Depiction of Consciousness – Perspectives

Benji's Chapter: Child's Consciousness

Quinton's Chapter: Adolescent Perspective

Jason's Chapter: Adult Consciousness

Freud's Tri-part of Conscious:

Benji = Id

Jason = Super Ego

Quinton = Ego

James Joyce [Irish] – *Ulysses*

Plot: One-Day Account in Lives of Blooms

General Notes

Book Censored from US 12 Years [Obscenity]

Theme Follows Homer's *Odyssey*

Characters ...

Leopold Bloom

Molly Bloom

Stephen Dedalus

**Depiction of Consciousness – Stream of Thought
"Molly Bloom's Soliloquy" [Last 40 Pages]**

... and those handsome moors all in white and turbans like kings asking you to sit down in their little bit of a shop and Ronda with the old windows of the posadas glancing eyes a lattice hid for her lover to kiss the iron and the wineshops half open at night and the castanets and the night we missed the boat at Algeciras and the watchman going about serene with his lamp and O that awful deep down torrent o and the sea the sea crimson sometimes like fire and the glorious sunsets and the figtree in the Alameda gardens yes and all the queer little streets and pink and blue and yellow houses and the rosegardens and the jessamine and geraniums and catuses and Gibraltar as a girl where I was a flower of the mountain yes when I put the rose in my hair like the Andalusian girls used or shall I wear a red yes and how he kissed me under the moorish wall and I thought well as well him as another and then I asked him with my eyes to ask again yes and then he asked me would I yes to say yes my mountain flower and first I put my arms around him yes and drew him down to me so he could feel my breast all perfume yes and his heart was going like mad and yes I said yes I will yes. [pp. 782-783]

Marcel Proust [French] – *Remembrance of Things Past*

Notes

7 Volumes over 14-Yr Period

Written in Cork-lined Room at Night

Brilliant Metaphor and Sense Imagery

Characters & Plot:

Lives of Isolated Characters

False Society Ruled by Snobbery

Depiction of Consciousness – Internal Dialogue

ALTERED STATES

Drug & Alcohol States – 3 Basic Types

Stimulants

Amphetamines

↑ Dopamine

Dexedrine, Benzedrine, Methedrine

Caffeine

Affects Serotonin Levels

Anxiety & Panic Attacks

Cocaine ... ↑ Dopamine ... [Blocks Reuptake]

Depressants

Benzodiazepines (Tranquilizers)

GABA Receptor Sites [↑ (-) Ions]

Librium, Valium, Xanax

Heroin ... Mimics Beta-Endorphins

Alcohol

Depresses Inhibitions

Hippocampal NT's

Legal Intoxication – .08% Total Vol of Blood

Hallucinogens ... [Sense Perception]

Mescaline (Cactus)

Psilocybin (Mushrooms)

LSD (Acid)

PCP (Angel Dust)

Marijuana (Cannabis) ...

↓ = Depressant ... ↑ = Hallucinogen

Current Research ... [Rx]

Religion & Drugs

Religious Ceremonies

Peyote

Wine

Facilitation of Religious Experiences

Good Friday Experiment (Pahnke, 1963, 1966)

“Spiritual Domains?”

“Should Drugs Be Legalized?”

Trance States

Meditative States => Psychophysiological Responses

Zen Buddhism

Yoga

Religious Rituals - Repetition => Mental Shift

Haitian Vodou

S/H Fire-handling

Hypnosis & Daydreaming

[ACTIVITY – CIS]

Theories

Dissociation => Split Consciousness

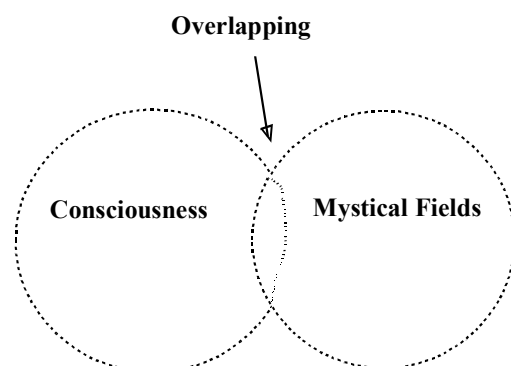
Sociocognitive => Expectancies

Self-Hypnosis

Hypnotic Studies

Aboriginal Dream-Time

Mystical States – ME Colors World ... [James] Mystical Fields Beyond Normal Boundaries of Consc



James' Criteria for ME

Ineffability	Transiency
Noetic Quality	Passivity

Deja Vu

ME & Well-being

Dreams

REM Sleep

Physiology

Excitatory & Inhibitory Neural Systems

Atonia ... [Pons]

Seers & Sages

[H-O]

Theories

Psychoanalytic ... [Wish fulfillment]

Activation Synthesis Theory

Mental Housekeeping

Problem Focus