

HENDERSON STATE UNIVERSITY

TRY-OUT INFORMATION

Notice: Complete this information for each student prior to the try-out.

NCAA MANUAL REMINDERS:

13.12 TRY-OUTS.

HSU encourages the coaching staff to familiarize themselves with the regulations of a sport try-out that are listed under this section of the NCAA manual. (Following are selected excerpts from the NCAA manual.)

13.12.1 Prohibited Activities.

13.12.2 Permissible Activities.

13.12.2.1 TRY-OUTS. A member institution may conduct a tryout of a prospect only on its campus or at a site at which it normally conducts practice or competition and only under the following conditions:

- a.) No more than one try-out per prospect per institution per sport shall be permitted;
- b.) The try-out may be conducted only for high school seniors who are enrolled in a term other than the term in which the traditional season in that sport occurs or who have completed high-school eligibility in the sport and written permission has been obtained from the high school's athletic director; for a two-year college student, after the conclusion of the sport season, and for the four-year college student, after the conclusion of the sport season, provided written permission to contact the prospect has been obtained;
- c.) A medical examination of a prospect conducted by an institution's regular team physician or other designated physician shall be permitted as a part of the try-out;
- d.) The tryout may include test to evaluate the prospect's strength, speed, agility and sports skills. Except in the sport of football, ice hockey, lacrosse, soccer and wrestling, the try-out may include competition. In the sport of football, the prospects shall not wear helmets or pads;
- e.) Competition against the member institution's team is permissible, provided such competition occurs during the academic year and is considered a countable athletic related activity;
- f.) The time of the try-out activities (other than the physical examination) shall be limited to the length of the institution's normal practice period in the sport but in no event shall be longer than two hours; and
- g.) The institution may provide equipment and clothing on an issuance-and-retrieval basis to a prospect during the period of the try-out.

17.02.12 Try-outs for the Enrolled Student. (Selected excerpts)

b.) The student must not have been recruited;

h.) No more than three dates may be used to conduct try-outs in each sport.

STUDENT-ATHLETE INFORMATION:

NAME OF PROSPECT: _____

SPORT: _____ DATE OF TRY-OUT: _____

TIME TRY-OUT BEGINS: _____ TIME TRY-OUT ENDS: _____

LOCATION OF TRY-OUT: _____ COACH IN CHARGE: _____

CHECK ONE: HIGH SCHOOL PROSPECT, TWO-YEAR PROSPECT, FOUR-YEAR PROSPECT

WRITTEN PERMISSION RECEIVED: (CHECK IF THIS IS ATTACHED)

- HIGH SCHOOL ATHLETICS DIRECTOR: WRITTEN PERMISSION LETTER.
- TWO-YEAR SCHOOL: NOT REQUIRED, BUT SUGGESTED. PERMISSION TO CONTACT.
- FOUR-YEAR SCHOOL: PERMISSION TO CONTACT.

SIGNATURE OF HSU HEAD COACH (TRY-OUT COACH): _____ DATE: _____

APPROVED BY HSU COMPLIANCE OFFICER: _____ DATE: _____

Return to: Assistant AD David H. Thigpen Ed. D. in Wells 108N prior to the try-out.

ASSUMPTION OF RISK FOR TRY-OUTS

I.

Risk of Injury- Intercollegiate athletics may constitute a dangerous activity involving the risk of injury.

Those dangers and risk of participation include, but are not limited to death, severe neck and spinal injuries that may cause partial or complete paralysis, brain damage, severe internal injury severe injury to bones, joints tendons, ligaments, muscles, and other aspects of the musculoskeletal system, and damage to property. It is understood that such injury may result in serious impairment of future abilities to engage in other business and generally enjoy life.

Henderson State University Sports Medicine/Athletic Training is only allowed to give basic First Aid treatment for any injury sustained during this try-out.

II.

Acknowledgement and Assumption of Risk- I have read the above notice carefully and hereby assume all risks of damages of injury, including death that I may sustain while participating in or traveling with intercollegiate athletics.

I hereby release and forever discharge Henderson State University and the Board of Directors, its members individually, its officers, agents, and employees of any and all claims, demands, rights and causes of action arising from all known, unknown, foreseen, and unforeseen bodily and personal injury, damage to property, and consequences thereof resulting from participation in intercollegiate athletics. I hereby assume all cost responsibilities relating to any injury that might occur while participating in this try-out.

IN SIGNING THIS RELEASE, I ACKNOWLEDGE AND REPRESENT THAT

I have fully informed myself of the contents of the foregoing Waiver of Liability and Hold Harmless Agreement by reading it before I signed it, and that I understand it and that I sign this document freely and voluntarily, no oral representation, statements, or inducements, apart from the foregoing written agreement, have been made. I further state that I am at least eighteen (18) years of age and fully competent to sign this agreement; (OR if under the age of eighteen (18) a co-signature of parent or guardian) and that I execute this Release for full, adequate consideration fully intending to be bound by the same.

SIGNATURE OF STUDENT-ATHLETE: _____ DATE: _____

SIGNATURE OF PARENT (is S-A is a minor): _____ DATE: _____

STUDENT-ATHLETE DATE OF BIRTH: _____